

Priesthood Duties and Standards:

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| 1. Keep the commandments | 6. Keep the Word of Wisdom |
| 2. Live standards in <i>For the Strength of Youth</i> | 7. Pay a full tithe |
| 3. Have daily personal prayer | 8. Pass the sacrament |
| 4. Read the scriptures | 9. Gather fast offerings |
| 5. Attend sacrament, priesthood, other meetings | 10. Perform other assigned duties |

Initial / Date _____

Family Activities (Do all of the following):

- 1 _____ Read the Scriptures daily. Read Book of Mormon: 1 Nephi through Mosiah. Share with your family.
- 2 _____ Read *For the Strength of Youth*. Discuss the importance of standards and values with your family.
- 3 _____ Teach four Family Home Evening lessons each year. Year one: Year two:
- 4 _____ Keep a written record of your family history. Prepare a four generation pedigree chart.
- 5 _____ Prepare two meals for your family. Where possible, wash and iron your clothes for one month.
- 6 _____ Read the 12th Article of Faith. Explain to your parents: structure / functions of national government.
- 7 _____ Perform at least two service projects for your family each year. Year one: Year two:

Quorum Activities (Do all of the following):

- 1 _____ Read Joseph Smith-History 1:1-20; discuss Joseph Smith's testimony with a Priesthood leader.
- 2 _____ Read Isaiah 58 / D&C 59; discuss with leader the Law of the Fast and how Fast Offerings are used.
- 3 _____ Give a talk in Sacrament or Priesthood meeting each year. Year one: Year two:
- 4 _____ Discuss with a Priesthood leader the history and purposes of the Aaronic Priesthood and quorums.
- 5 _____ Participate in at least two quorum service projects each year. Year one: Year two:
- 6 _____ Participate in baptisms for the dead, if possible. If not, discuss the temple with a Priesthood leader.
- 7 _____ Write 1/2 page about the purpose of the Sacrament. Use D&C 20:15-79, Matt. 26:26, Topical Guide.

Personal Goals:

Spiritual Development (Do 8 of the following):

- 1 _____ Identify four scriptures which testify of Christ; talk about them with a parent or Priesthood leader.
- 2 _____ Read the "Proclamation on the Family" and "The Living Christ" and review with parent or leader
- 3 _____ Read from memory the Articles of Faith to a parent or Priesthood leader.
- 4 _____ Read D & C 20:38-60 and discuss the duties of a Deacon with a parent or Priesthood leader.
- 5 _____ At least once per year, bear your testimony: Year one: Year two:
- 6 _____ Read about one of your ancestors report in Family Home Evening or in a quorum meeting,
- 7 _____ Do more family history, such as a family group record showing your parents as children... share info.
- 8 _____ Write regularly in a journal for two months (if not already doing so).
- 9 _____ Set up a plan to be spiritually and financially prepared to go on a mission at age 19.
- 10 _____ List skills needed to become a successful missionary. Talk to parents or leaders how to learn these.
- 11 _____ Invite at least two friends to a Mutual activity, Sunday meeting, or Family Home Evening.
- 12 _____ Write letter to parents, grandparents, or leader. Thank them for their example and positive influence.
- 13 _____ _____

Physical Development (Do 8 of the following):

- 1 _____ Run 2 kilometres or 1.25 miles and set a goal for improvement.
- 2 _____ Develop and begin a one-year plan to improve your personal physical fitness.
- 3 _____ Swim 50 meters, using two different strokes.
- 4 _____ Learn to float on your back in the water for two minutes.
- 5 _____ Learn how to rescue someone who is drowning.
- 6 _____ Hike ten kilometres or six miles in one day.
- 7 _____ Overnight camping trip: Set up a tent, cook, build a latrine, restore the camp to natural condition.
- 8 _____ While camping, build a cooking fire, or set up a stove. Teach someone how to build a fire safely.
- 9 _____ Learn a new game or sport.
- 10 _____ Play on a sports team in your quorum, ward, school, or community.
- 11 _____ Learn the rules of play and officiate in a sport of your choice.
- 12 _____ Explain to parent or leader the rules of safe bicycle riding. Complete a 30-kilometer or 20-mile ride.
- 13 _____ _____

Duty to God Award Progress Sheet Deacon

Initial / Date _____

Educational, Personal, and Career Development (Do 8 of the following):

- 1 _____ Make a plan to improve reading, writing, arithmetic skills. and follow the plan for at least 3 months.
- 2 _____ Choose 2 careers: What preparation is needed; interview someone each position to learn to prepare.
- 3 _____ Visit a government office. Explain to a parent or Priesthood leader the function of the office.
- 4 _____ Learn how to purify water and to wash and prepare fresh fruits and vegetables.
- 5 _____ First aid fur: electrical shock, near drowning, burns, broken bones, heat exhaustion, and serious falls,
- 6 _____ Attend a cultural event such as a church, school, or community play, music program, or musical.
- 7 _____ Learn to play a musical instrument.
- 8 _____ Perform a musical selection in Sacrament Meeting or another church or community meeting.
- 9 _____ Develop and follow a financial budget for three months.
- 10 _____ Read at least four issues of a Church magazine.
- 11 _____ Learn computer / keyboarding skills. Type family history information in Personal Ancestral File.
- 12 _____ Read Word of Wisdom (D&C 89); explain to parents or leaders what is meant by finding Wisdom" and "great treasures of knowledge, even hidden treasures."
- 13 _____ _____

Citizenship and Social Development (Do 8 of the following):

- 1 _____ Explain to a parent or leader how to be a friend; maintain friendship; resolve conflicts between friends.
- 2 _____ Be a friend to someone who may feel left out, and invite him to a quorum or Mutual activity.
- 3 _____ Show a parent or leader how to use proper manners while eating, greeting, and introducing a speaker.
- 4 _____ Teach v our family how, to play a new game or sport.
- 5 _____ Explain to a parent or leader what it means to obey. honour. and sustain the law.
- 6 _____ Participate in a cultural event such as a school play or musical.
- 7 _____ Learn and practice proper dance etiquette.
- 8 _____ Explain Luke 6:31, and tell a parent or leader about when and how you have applied its teachings.
- 9 _____ Help Organize and cam out a quorum or ward youth activity.
- 10 _____ With your quorum, clean up or repair a part of your neighbourhood.
- 11 _____ Participate m four family, quorum, or ward social activities.
- 12 _____ Sing with a church. school, or community choir.
- 13 _____ _____

- _____ **Service Project:** A significant project to family, ward, stake, or community of at least 10 hours, approved by parents and leaders.
- _____ **Personal Journal:** Fill in the journal section of guidebook. Personal journal, notebook, will suffice.

Interview Record

Bishopric									
YM Leader									

Name: _____

Date Ordained Deacon: _____ **Date Turns 14:** _____

Date Items Completed: _____ **Date Certificate Presented:** _____